

PHJ Fiscal Year 2022 Activity and Financial Report (July 1, 2021~June 30, 2022) and Fiscal Year 2023 Project Plan (July 1, 2022~ June 30, 2023)



Reviewing Fiscal Year (FY) 2022

By KAMIYA Youhei, Chairperson of the Board of Directors



In January 2022, People's Hope Japan (hereinafter PHJ) celebrated its 25th anniversary, an achievement that would not have been possible without the continued support and cooperation of our individual and corporate supporters and the sincere efforts of all PHJ staff members.

I am pleased to report that, despite the COVID-19 pandemic and other global concerns, PHJ has overcome every challenge before it and has succeeded in achieving nearly all of its objectives for fiscal year (FY) 2022. I would like to express my sincere gratitude to everyone for their support.

Looking ahead to our next 25 years, all of us here at PHJ are determined to work as one team. As we take our first steps in this journey, I trust that we will enjoy your continued cooperation and support.

1. Outline

1.1 PHJ's International Operations and SDGs

Since its foundation, PHJ has been engaged in international cooperation and disaster relief activities in the health and medical fields. Since 2003, PHJ has focused its activities on maternal and child health and nutrition improvement projects. PHJ's projects contribute toward the achievement of goal 3 (good health and well-being for all persons) of the Sustainable Development Goals (SDGs), which were unanimously adopted by the UN General Assembly in 2015.

Specifically, based on the needs of the target areas, PHJ implements projects aiming at target 3.1 (reducing maternal mortality), target 3.2 (reducing newborn and under five mortality), and target 3.8 (realizing universal health coverage). (See the attached diagram on pages 14 and 15.)



In addition, through the on-site lectures and office visits that it conducts as a public relations activity, PHJ promotes a deeper awareness of global issues and NGOs, and positions this as an opportunity to develop the next generation of individuals who will be responsible for international cooperation and global health. This program targets elementary, middle, and high school students, as well as university and vocational school students, to give them a better understanding of the global health and medical issues that PHJ is working to address and familiarize them with grassroots-level international cooperation and global development goals.

PHJ aims to realize the happiness that comes about when a person in need receives support, the happiness that is the result of having directly provided support to someone in need, and the happiness that is the outcome of having served as an intermediary (our role at PHJ) in the provision of support to people who are in need. We call this the "Happy-Happy Concept," and it is consistent with the fundamental ethos of the SDGs: "Leave No One Behind." Not only those who are in need, but also those who provide support can work together to achieve mutual happiness, be healthy, and have hope.

1.2 Project Contents and Progress

In FY2022, PHJ engaged in the following health, medical, and disaster relief projects:

(1) In Cambodia, PHJ continued implementation of a project to strengthen community care and the support network for children in the Stoung Trang Operational Health District (OD) of Kampong Cham Province.

(2) In Myanmar, PHJ continued implementation of a project for supporting health system strengthening for maternal and newborn health improvement in Lewe Township, Nay Pyi Taw Union Territory.

(3) In Japan, a psychosomatic counselling project in Minami Soma City, Fukushima Prefecture was completed as planned in December 2021.

In Cambodia, as mentioned above, PHJ continued its implementation of a project to strengthen community care and the support network for children (project period from October 2018 to January 2023) in the Stoung Trang OD of Kampong Cham Province. In the first year, the project was self-funded, and since October 2019 the project has been funded through the Grant Assistance for Japanese NGO Projects of the Japan Ministry of Foreign Affairs. The second year of the project was completed on January 12, 2022, as originally planned. The third year began on January 19, 2022, and the project is now in its final stage. In addition, PHJ designed a new project to be implemented

at a new project site in Siem Reap Province. PHJ applied for a grant to be provided within the framework of the JICA Partnership Program, and this has been provisionally approved. PHJ plans to start the new project at the new project site in April 2023. The contract negotiation is underway.

In Myanmar, PHJ is implementing the aforementioned project for supporting health system strengthening for maternal and newborn health improvement (December 2020 to September 2024) in Lewe Township, Nay Pyi Taw Union Territory. In March 2021, the project received funding through the Grant Assistance for Japanese NGO Projects of the Japan Ministry of Foreign Affairs. The grant was expected to cover a one-year period; however, as the unstable situation in the country and COVID-19 (see below) significantly limited PHJ's activities, an application was submitted to MOFA for an extension. This application was approved and the period covered by the grant was extended until December 2022. While sharing information on the local security situation, infectious disease control, and the progress of activities with the Non-Governmental Organizations Cooperation Division of the Ministry of Foreign Affairs and the Japanese Embassy in Myanmar, PHJ will continue to implement this project.

The Minamisoma psychosomatic counselling project ran from January 2019 to December 2021, and in this the Musubino-kai medical corporation played a central role. The project made use of an examination room at the Hori Mental Clinic in Minamisoma City. During the second half of the project, which began in July 2020, Dr. HORI, the clinical psychologist Dr. SAKAKIBARA, and Dr. TAKAHASHI provided cognitive behavioral therapy, mental health counseling, and psychological testing. As planned, the three-year project was completed in December 2021, and the patients and their families expressed their gratitude.

1.3 Communications and Fundraising



PHJ celebrated its 25th anniversary in January 2022. To commemorate the occasion, the Communications Department created an anniversary logo and used it on the web and in newsletters and other publications.

In addition, it launched a digital fundraising project and is preparing to carry out crowdfunding for commemorative events later this year (2022). As planned, the 2021 Annual Report and two newsletters were published and distributed to regular members, supporting members, related organizations, and other related parties. For our 2022 calendar, the Communications Department created wall and tabletop versions of an "Asian Fairy Tale Calendar " featuring scenes from fairy tales drawn by children in Cambodia and Musashino City, and distributed

this as a token of appreciation to donors.



As a COVID-19 preventive measure, the study tour for Saitama University students and donors that was planned in FY2022 was conducted online. Based on a proposal made by the Steering Committee meeting in November 2021, the COVID-related temporary suspension of intern admissions by PHJ was rescinded in February 2022.

In cooperation with Dot-JP, a designated nonprofit organization, PHJ resumed the acceptance of interns who wished to make the most of long vacation periods. By encouraging them to show initiative in activities such as planning, preparing, coordinating, and implementing participatory learning events, and by uniting the organization through the cooperation of directors and steering committee members, it was a "win-win-win" initiative for interns, participants, and PHJ.

The Communications Department maintained the PHJ website and ensured that all necessary information is disclosed in accordance with the NPO Act. Specifically, as data shows that smartphones account for nearly 70% of web traffic in Japan, the PHJ website has been optimized for use by smartphones.

As PHJ's current revenue from corporate and individual support membership fees continues to decline, it is necessary to make changes to existing initiatives, implement new membership retention initiatives that target corporate and individual members, and implement new fund-raising activities other than those that depend on membership fees. The large number of corporate supporting members is one of PHJ's major strengths (11th in Japan as of 2016). PHJ has great potential for further support and cooperation from its corporate supporters.

The Communications Department, Fundraising Department, Disaster Relief Department, Cambodia and Myanmar Offices, and Program Support Department cooperated effectively to carry out a

campaign for the donation of discarded postcards, which was launched on a trial basis in May 2021 and was conducted from December 2021 to March 2022. We received nearly 90 donations of discarded postcards, stamps, gift certificates, book coupons, and telephone cards. Through this campaign, we learned valuable lessons that will guide our efforts and improve efficiency in the future.

In response to the declaration of a state of emergency and other priority measures to prevent the spread of COVID-19 across Japan, PHJ proactively used IT tools to conduct online meetings with corporate members such as Ono Pharmaceutical, Sumitomo Pharma, and the Narita Cosmopolitan Rotary Club. We maintained and strengthened our relationships with corporate supporting members and continued to receive donations from companies and organizations.

1.4 Impact of COVID-19

PHJ's activities continued to be affected by COVID-19 throughout FY 2022. Cambodia experienced a rapid spread of COVID-19 infections from April to October 2021. The spread of infections was controlled to some degree in Cambodia and thus reduced towards the end of 2021. However, due to the emergence of a variant (Omicron) of the virus that causes COVID-19, the number of people who came down with the disease began to go up again, mainly in February and March of 2022. The government has, therefore, been actively conducting a national booster vaccine campaign, and a large number of healthcare professionals have been engaged in this.

The spread of infections has affected to a great extent the progress of the project. In Kampong Cham Province, site of the PHJ project, the number of patients visiting health centers (HC) has decreased. Some activities, such as health volunteer meetings, have been canceled or postponed. Due to the spread of infections, participants in activities such as training sessions are now required to show their vaccination cards as well as proof of their negative status by showing the result of an antigen test. Since May 2022, the number of infected people has been decreasing, and activities have been conducted with no major difficulties.

Myanmar saw its highest peak (2nd wave) between July and September 2021, with approximately 6,000 new confirmed cases per day. As a result, in Nay Pyi Taw, where the PHJ project is being conducted, stores other than selling food and medical supplies were closed, and this has had a significant impact on the lives of the general public. On July 7, 2021, a stay-at-home order was issued by the Ministry of Health, and the four PHJ local staff members were also required to work from home. Until the order was lifted on December 1, no training sessions or meetings could be held. In February 2022, the Omicron variant spread all over the country (3rd wave), but this did not reach the level of the 2nd wave. On March 15, the limit on the number of people allowed to gather in one place was raised from 200 to 400. The number of infected people has stayed low since April, and the situation is

stabilizing.

In the Minamisoma psychosomatic counselling project, remote counseling was introduced to reduce face-to-face contact. The number of one-hour sessions steadily increased.

In Tokyo, the Omicron variant was rampant from January to February 2022, and the number of infections increased rapidly. At the Tokyo Head Office, we kept the attendance rate at work to less than 30%, and took measures such as the ventilation of work spaces, hand sanitization, wearing of masks, and prohibition of face-to-face seating. However, as community transmission was spreading, PHJ employees were being infected through contact with others in their own households. Those who were infected were asked to stay home for 10 days.

1.5 Financial Report

Total revenues excluding goods in kind were 68.75 million yen (initial budget 59.13 million yen), and total expenditures came to 67.16 million yen (initial budget 93.95 million yen), resulting in a profit of 1.59 million yen. (Initially, a deficit of 34.82 million had been projected.) Accordingly, the net profit exceeded projections by 36.4 million yen, and net assets of 108.35 million yen were carried forward to the next fiscal year.

Under the NGO financial standards, PHJ is required to report the amount of donations for specific purposes that are left over for the next fiscal year and included in the forwarded net assets. That amount came to 58.04 million yen, and mainly consisted of the balance of the MOFA grants for Cambodia and Myanmar. This balance will decrease as the projects proceed, and will be eliminated upon their completion. PHJ's true financial capabilities can best be understood by referring to the donations not designated for specific purposes that are carried forwarded to the next fiscal year. This can be calculated by simply deducting the balance of the donations designated for specific purposes from the net assets carried forward. This amount at the end of FY2022 came to 50.3 million yen, which is up 1.9 million yen from the previous fiscal year.

There are some reasons why this increase only came to 1.9 million yen. One reason is that, as of the end of June 2022, Myanmar activity expenses amounting to 49,663 US dollars (from March 2021 to May 2022) were paid in advance using PHJ's own funds, i.e. "net assets carried forward which are not designated for specific purposes," and settlement will be made using the "net assets carried forward which are designated for specific purposes." Another reason is that a settlement of 3.67 million yen for Myanmar activity expenses by the Tokyo Head Office was postponed to FY 2023. By proceeding with these two settlements, approximately 10 million yen will be transferred from "net assets carried forward which are designated for specific purposes" to "net assets carried forward

which are not designated for specific purposes.” As a result, the actual amount of the “net assets carried forward which are not designated for specific purposes” is estimated to be approximately 60 million yen, which indicates that financial soundness has been maintained.

On the other hand, we have been experiencing a long-term decline in the number of corporate and individual memberships. COVID-related restrictions since March 2020 have had a significant impact on member and donor companies, resulting in the suspension and reduction of membership fees. However, we have factored this into our budget for FY 2022 and, with the exception of general donations, the financial results are almost in line with the budget. General donations increased by approximately 3 million yen against the budget, and the reason for this is explained as follows:

Although PHJ has received a large amount of support from Yokogawa Electric Corporation, which is one of the founders of PHJ, the rules on the provision of support to PHJ have been revised to further clarify support costs. Specifically, in April 2022, Yokogawa changed its rule concerning the payment for labor performed by employees that it has seconded to PHJ. The new rule requires PHJ to pay the labor costs of Yokogawa secondees and to then receive a donation from Yokogawa that compensates for this payment. As a result, both administrative expenses and general donations have increased.

2. Support Programs

2.1 Cambodia Program

(1) Project to Strengthen Community Care and Support Network for Children in Kampong Cham Province

This three-year MOFA grant project commenced in October 2019 with the support of donor companies. It has its origins in a Healthy Child Growth Pilot Program, which commenced in November 2018. In January 2022, PHJ completed the second-year activities, which were mainly funded by the MOFA grant, and started the third year in January 2022. In FY2022, PHJ implemented the project with a focus on the following five approaches.

●Support of health center infrastructure

(MOFA grant activities)

In cooperation with the OD, PHJ produced an inventory list for the target HCs (Peam Kohsna, Oun Mlou, Areak Thnot, and Khop Tangoun) to regularly check their inventories: PHJ confirmed that each HC maintains appropriate inventories of child health care medical equipment and supplies.

(Self-funded activities)

Eleven water dispensers were donated to eight non-target HCs in Stoung Trang OD in March 2022, for the purpose of providing safe drinking water to both health staff and patients. (Water dispensers

had been already donated to the four target HCs in FY 2021.)

**●Support of Technical Training for HC Staff
(MOFA grant activities and self-funded activities)**

At the four target HCs, PHJ monitored the monthly HC staff meetings. HC staff meetings provide an important opportunity for the HC staff and OD staff to share information, discuss any duty-related issues and their solutions, and receive updated information on COVID-19 infection prevention measures, including COVID-19 vaccination campaign schedules.

The OD staff supervised the integrated management of childhood illnesses (IMCI), growth monitoring and promotion (GMP), and postnatal care (PNC) at all four target HCs as shown on the photo below. In addition, the OD staff also supervised IMCI, GMP, and PNC at eight non-target HCs in November 2021 and February 2022.

In December 2021, a Pediatric Coordinator Alliance Team (PCAT) Meeting (with the attendance of all 12 HCs) was held in the OD office. Several refresher training sessions were held in the latter part of FY 2022: IMCI refresher training in January 2022, GMP refresher training in March 2022, and SAM-Nutrition refresher training in May 2022. All 12 HCs were invited to participate in the training sessions.



**●Strengthening of Child Care Network in the Community
(MOFA grant activities and self-funded activities)**

PHJ monitored bi-monthly meetings for the Health Center Management Committee and health volunteers (VHSG) and organized quarterly meetings for community care workers for mothers and newborns (CCMNs). Some meetings were postponed due to the COVID-19 outbreak. In addition, in December 2021, joint meetings of VHSG and CCMNs were held at the four HCs. The meetings were a valuable opportunity for the sharing of information on health issues and measures that needed to be addressed in the community, and served to improve cooperation between the HCs and volunteers. They also confirmed that an all-out effort must be made to establish mechanisms for emergency referral and the sharing of health information.

●Support of Child Health Education in the Community

(MOFA grant activities and self-funded activities)

Hygiene campaigns for purposes including preventing COVID-19 infections were conducted in Peam Kohsna and in Oun Mlou in August 2021. In September and October 2021, training sessions for VHSGs and CCMNs were conducted at the four HCs, covering topics such as child nutrition and COVID-19 infection prevention. Refresher training for the volunteers was conducted in April and May 2022. Subsequently, in November and December 2021, health education and training in the preparation of food for children under the age of 2 was conducted in all 34 target villages. A second round of health education was undertaken in the 34 target villages in May and June 2022. In April 2022, PHJ provided volunteers with 129 backpacks for use in community health education activities. PHJ also continued to monitor home visits conducted by CCMNs as shown on the following photos.



●Strengthening of Cooperation with OD

(MOFA grant activities and self-funded activities)

In January 2022, PHJ held a monitoring evaluation workshop with the OD staff members upon the completion of the second year of the project. The OD chief and other OD staff as well as PHJ staff attended the meeting. Based on collected project indicator data, they shared the results and outcomes of activities. They also confirmed the action plan for the third year.

(2) COVID-19 Outbreak Emergency Support

(Self-funded activities)

700 COVID-19 rapid diagnostic kits (rapid test) were donated to the referral hospital and the 12 HCs of Stoung Trang OD. Rapid tests were initially supplied by the Ministry of Health to hospitals and HCs and were mainly used for pregnant women and suspected patients. Due to the discontinuation of the supply of rapid tests from the Ministry of Health, the OD promptly requested assistance from PHJ. PHJ responded swiftly and provided an adequate number of rapid test kits.

2.2 Myanmar Program

(1) Project for Supporting Health System Strengthening for Maternal and Newborn Health Improvement in Lewe Township, Nay Pyi Taw Union Territory.

The project started in December 2020 as a 3-year project after the conclusion of an MOU with the Ministry of Health and Sport (November 2020) and the renewal of the registration of the international NGO (December 2020). Using grant assistance for Japanese NGO Projects from MOFA and funds from donor companies, PHJ has been engaged in this project to comprehensively strengthen health systems through three initiatives that are described below. Also, since April 2020, all work on projects has been conducted remotely by Japanese expatriates who have been evacuated to Japan. In March 2021, the project manager resigned, and in June, the country director resigned. From July 2021 to February 2022, the manager of the Program Support Department at the Tokyo Headquarters served as the acting director, and since March 2022, the General Manager of the Program Support Department has been serving as the acting project manager. The first year of the project was planned to be completed on March 30, 2022. However, due to the sudden change in the domestic situation and the impact of COVID-19, the project period was extended for nine months, to December 29, 2022.

●Rolling-out of Proven Effective Activities to Other Townships within Nay Pyi Taw (MOFA grant activities)

Due to changes in the domestic situation in Myanmar since February 1, 2021, it is difficult to coordinate between the Ministry of Health and the Nay Pyi Taw Department of Public Health, so the planned activities have been suspended. PHJ is going to implement these activities as soon as this situation is resolved.

●Promoting Partnerships among Township Medical Office, Medical Staff, and Community (MOFA grant activities)

In order to explain the objectives and activities of this project, advocacy meetings were held from December 2021 to March 2022 in 19 villages, where matters pertaining to public safety, the lowering of risk for COVID-19 infection, and cooperation with local communities were confirmed. In February 2022, staff members from the Nay Pyi Taw Department of Public Health, Lewe Township Medical Office, and Lewe Township Administrative Office participated in a project workshop in which they gave an overview of the project, shared information on its progress, and confirmed plans for future activities. Also, starting in the villages where the MCH promoters had initiated their activities, midwives, auxiliary midwives, and the MCH promoters conducted regular meetings. In addition, the Lewe Township Medical Office began preparation for the provision of personal computers and printers for the purpose of building up the infrastructure for the Health Management Information System (HMIS). Although the unit prices have increased significantly since the plan was first made (September 2020), a total of 12 sets of computers and printers will be provided as planned to the Lewe Township Medical Office, the

Maternal and Child Health Division, and the Rural Health Centers (to be provided in July 2022).

**●Improving Health of Mothers and Newborns by Increasing Access to Health Services
(MOFA grant activities and self-funded activities)**

In September 2021, 90 “clean delivery kits”, 270 packets of gauze, and 270 pairs of disposable gloves were provided to 5 auxiliary midwives whom PHJ couldn’t contact at the time when supplies were first distributed (May 2021), in order to support safe delivery at home. In addition, with the extension of the project duration, PHJ provided additional medical supplies to 18 auxiliary midwives in Lewe Township in May 2022 (a 5 month supply of 250 “clean delivery kits”, 750 packets of gauze, and 750 pairs of gloves). From December 2021 to March 2022, meetings were held for midwives, auxiliary midwives, and MCH promoter candidates in order to promote closer cooperation. The meetings were conducted in 19 villages, where matters pertaining to public safety, the lowering of risk for COVID-19 infection, and cooperation with local communities were confirmed. In March and May 2022, we conducted training sessions for 85 MCH promoters in 18 villages. After receiving this training, the MCH promoters began their activities, including the collection of information on pregnant women and children under 5 years old, home visits, support for midwives for the promotion of vaccinations, and preparation of reports in each of the 18 villages, in cooperation with midwives and auxiliary midwives. In cooperation with the Lewe Township Health Department, PHJ also began preparations to conduct refresher training sessions for 47 auxiliary midwives (scheduled for July 2022).

(2) COVID-19 Outbreak Emergency Support

(Self-funded activities)

In October 2021, PHJ provided 167 “clean delivery kits”, 501 packets of gauze, and 501 pairs of disposable gloves (a 9 month supply) to 24 auxiliary midwives working in Tatkon Township, the former project site, to support safe delivery at home. In May 2022, PHJ provided additional materials (a 5 month supply of 140 “clean delivery kits”, 420 packets of gauze, and 420 pairs of disposable gloves) to 12 auxiliary midwives. In addition, COVID-19 infection prevention supplies were provided to two community voluntary organizations in Lewe Township that are engaged in transporting COVID-19 patients and their close contacts. A total of 1,120 non-woven masks and 1,120 pairs of disposable gloves were provided.

2.3 East Japan Disaster Reconstruction Program

(Self-funded activities)

Following the conclusion in 2017 of the provision of reconstruction support to medical institutions in Miyagi Prefecture (Kesenuma City, Ishinomaki City, and Tagajo City), which started as a support project for the Great East Japan Earthquake, PHJ decided to launch the three-year Minamisoma

psychosomatic counselling support project (from January 2019 to December 2021) in order to help people in the Minamisoma area who were still suffering from mental distress due to the nuclear power plant accident and the tsunami. PHJ and the Musubino-kai medical association, which manages the “Hori Mental Clinic,” prepared a memorandum on the project.

In the first year, free psychological tests were provided by the clinical psychologist Dr. TAKAHASHI and counseling was provided by the clinical psychologist Dr. YONEKURA, using a room that was being rented from the Hori Mental Clinic. PHJ mainly provided support by covering the personnel costs for these psychologists. The on-site report showed that the counseling for patients who had experienced trauma during the earthquake or in other situations improved their mental health. It helped them work through issues that had been holding them back and enabled them to enjoy their lives more.

In the second year, the free mental health counseling grew in popularity and the number of patients increased, making it difficult to get an appointment. Dr. HORI and the clinical psychologist Dr.



YONEKURA had differing views on how to proceed and, following discussions between Dr. HORI and PHJ, Dr. YONEKURA decided to withdraw from the project and the clinical psychologist Dr. SAKAKIBARA took over Dr. YONEKURA's position. At the same time, due to the outbreak of COVID-19 in Fukushima Prefecture, clinics were closed in April and May 2020. In June, an online medical care system was introduced and mental health counseling was resumed, both in person and online, as

shown on the left photo.

A review of the first 18 months of the project found that it would be impossible to establish an independent counseling center within 3 years, which was the original plan, but it was confirmed that the project activities would continue until the project was scheduled to come to an end in December 2021. As the COVID-19 pandemic grew ever more severe, Dr. SAKAKIBARA began offering counseling online from Tokyo while fully utilizing the online medical care system, and the clinical psychologist Dr. TAKAHASHI continued with psychological testing. In the latter half of the project (from July 2020), Dr. HORI started offering mental health counseling (cognitive behavioral therapy).

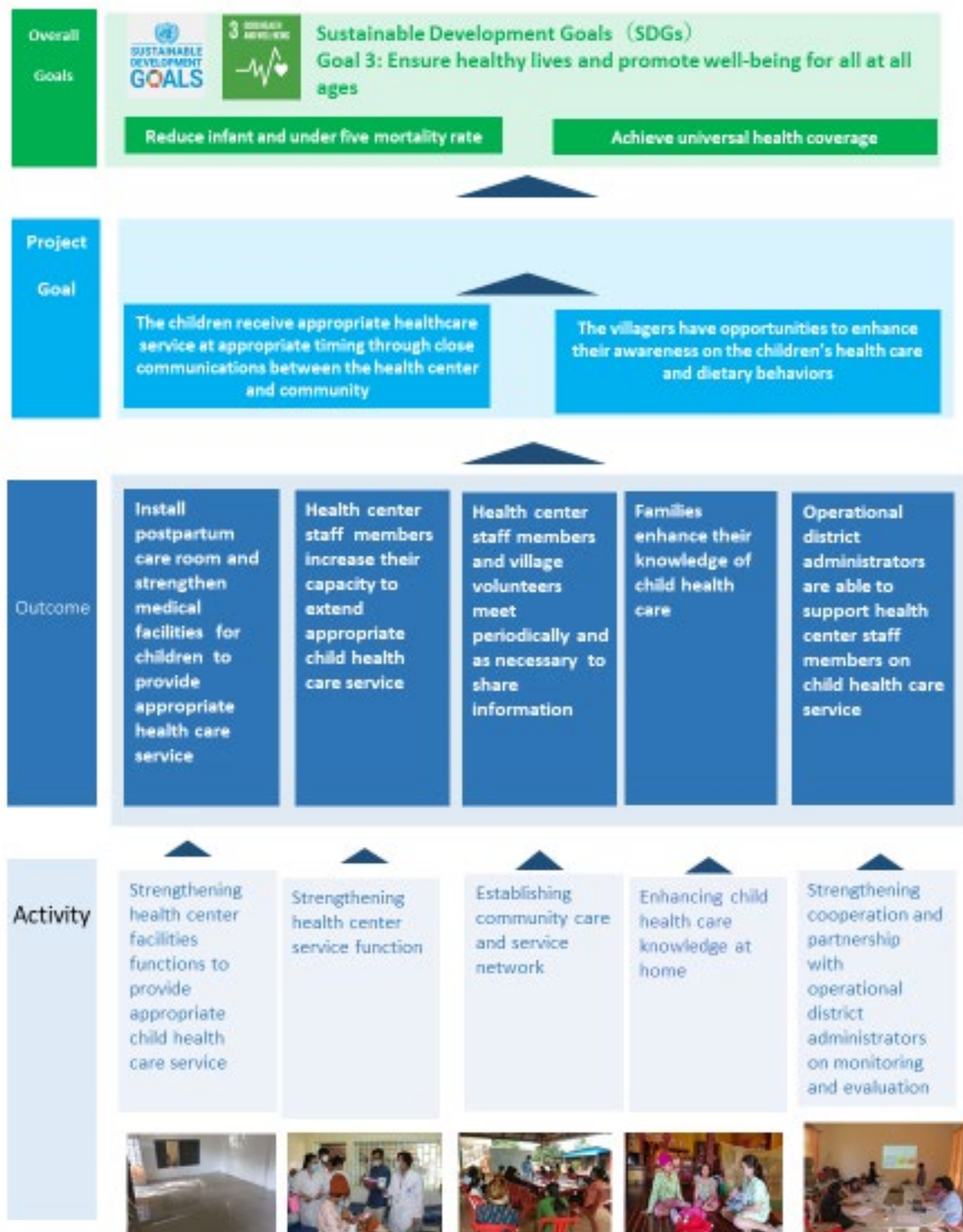
In the final year of the three-year project, both online and face-to-face counseling were provided and preventative measures against COVID-19 were taken. Dr. HORI's cognitive-behavioral therapy was effective in meeting patient needs, and the number of patients and counselling sessions increased steadily. A large amount of data was gathered through these activities, and Dr. HORI shared this with

academic associations and professional organizations. In conjunction with the regular board meeting that was held in August 2021, Dr. HORI released an online project report, in which he wrote, "PHJ's support will end in December, and the scale of the project will be reduced. However, based on the three years of valuable experience, I would like through the Hori Mental clinic to continue providing mental healthcare services that meet the needs of the local community."

Cambodia • Strengthening Community Care Network for Child Health and Nutrition in Kampong Cham Province

Supporting Healthy Growth of Children Bearing the Future of Cambodia

Project period: November 2018 to January 2023 (About 4 years)



Myanmar - Project for Supporting Health System Strengthening for Maternal and Newborn Health Improvement in Lewe Township, Nay Pyi Taw Union Territory

Supporting Safe Pregnancy and Childbirth

Project period: December 2020 to September 2024 (About 4 years)



Summary of FY2023 Project Plan

1. Overview

PHJ continues to implement international cooperation projects and contribute to the achievement of SDGs, which were adopted by the United Nations in 2015. The continuation of these activities is highly dependent on adequate funding, quality human resources, and effective project planning. Accordingly, PHJ has formulated a midterm plan that sets out the direction it will take to ensure stability in fundraising, staff recruitment and training, implementation of existing projects, and planning of new projects.

In Cambodia, PHJ will soon complete the third year of the Project to Strengthen Community Care and the Support Network for Children in Kampong Cham Province (project period from October 2018 to January 2023), with funding provided by an ODA grant from the Ministry of Foreign Affairs (MOFA) of the Government of Japan. PHJ plans to move its office to Siem Reap Province in April 2023 to oversee implementation of the JICA Partnership Program on Supporting Health System Strengthening for Safe Pregnancy and Childbirth (planned project period from April 2023 to March 2026).

Regarding the Myanmar program, PHJ extended the first year of the MOFA project for Supporting Health System Strengthening for Maternal and Newborn Health Improvement in Lewe Township, Nay Pyi Taw Union Territory (planned project period from December 2020 to September 2024) to December 2022. The second year will be from January to December of 2023. The project environment is gradually improving but the country remains unstable. While taking into consideration the security situation and putting the highest priority on the safety of the Myanmar staff, PHJ will seek whenever possible to carry out all necessary activities. Regarding the planned project activities that are funded by a MOFA grant, PHJ will maintain close communications with counterparts in Myanmar and the staff at the Myanmar Office. PHJ also will continue to consult with the MOFA and the Japanese Embassy in Myanmar.

For FY2023, we project revenues of 66.83 million yen, expenditures of 90.31 million yen, and a deficit of 23.48 million yen. The reason for the deficit is the return of over 16 million yen in unspent MOFA grant money and the recruitment of new staff members. Nevertheless, this is not expected to have a major impact on PHJ's financial condition, and the net assets carried forwarded to the next fiscal year will amount to 84.87 million yen.

2-1-1. Project to Strengthen Community Care and Support Network for Children in Kampong Cham Province (MOFA grant-funded and self-funded activities)

PHJ will complete the third year of this MOFA grant project in January 2023. To produce positive outcomes and ensure that these activities continue after the project draws to a close, PHJ will focus on the following five approaches in its implementation of this project: 1) supporting HC facilities, 2) enhancing the skills and knowledge of HC staff members, 3) strengthening the child care community network, 4) providing local residents with health education, and 5) strengthening cooperation with the OD administration.

- **Support of HC infrastructure**

Using inventory lists, PHJ will continue to monitor the availability of child health care equipment at the four HCs (Khpob Tagnuon, Peam Kohsna, Areak Thnot, and Oun Mlou). PHJ will also inspect the sanitary conditions and medical equipment at the HCs by using check lists .

- **Support of Technical Training for HC Staff**

Following up on its provision last fiscal year of IMCI, GMP, and SAM-Nutrition training to the HC staff of Stoun Trang OD, PHJ will assist in the supervision of GMP, IMCI, and PNC training of staff members at the target HCs in order to ensure the retention and improvement of child care skills and knowledge. Moreover, to ensure effective HC management and the provision of quality health services, PHJ will organize PCAT meetings and continue monitoring HC staff meetings.

- **Strengthening of Child Care Network in the Community**

PHJ will continue to organize and monitor VHSG and CCMN meetings that will give volunteers the opportunity to share information and discuss solutions to health problems in the community. Furthermore, PHJ will follow up on the use of the emergency referral manual for children who need immediate treatment. This manual was drafted in cooperation with the OD.

- **Improvement of Child Care in the Community**

PHJ will organize health education in the 34 targeted villages. This will be provided by the VHSGs and CCMNs who underwent training last fiscal year. The subjects will include hygiene, sanitation, COVID-19 preventive measures, and child nutrition. The health education will also include demonstrations of the preparation of nutritious food

for children under the age of two.

After the completion of the health education in the villages, PHJ will test mothers and care-takers to assess their level of understanding about child health and nutrition.

- **Cooperation with the OD Office**

To strengthen the partnership with the OD that is responsible for the local health administration, PHJ will organize a Monitoring and Evaluation Workshop (M&E Workshop) twice a year; the first workshop is to be held in July 2022 (in the third year of the MOFA grant project) and the second one is to be held in January 2023 (at the completion of the MOFA grant project.) These workshops provide opportunities for partners and PHJ to share project outcomes and results and discuss activity-related problems and solutions. The M&E workshops are essential to enhance the effectiveness of local health care services. Moreover, PHJ will organize an evaluation seminar prior to the completion of the project. PHJ will also create a booklet that covers the activities, processes, outcomes, and lessons learned from this project, for distribution to partners and the other OD chiefs in Kampong Cham Province.

Through the above-mentioned five approaches, PHJ will work closely with the OD, HCs, VHSGs, and CCMNs to implement effective community health care education, and thereby enhance the health knowledge of community members and build confidence in their ability to maintain good health.

2-2-1 Project for Supporting Health System Strengthening for Maternal and Newborn Health Improvement in Lewe Township, Nay Pyi Taw Union Territory (MOFA grant-funded and self-funded activities)

While the project covers the entire township, PHJ will focus on those areas that have poor access to health services. The aim is to improve MCH by strengthening the local health system to provide better access, based on practical requirements. Also, PHJ will cooperate with the Lewe Township Medical Office to roll out activities that have proven effective in other areas within the Union Territory.

The first year period under the MOFA grant was extended for nine (9) months, to December 29, 2022. The second year is planned to commence in January 2023.

The project has three initiatives. The first one is “to spill-over the effects of achievements of this project to other areas.” The second initiative is “to promote a partnership between

the Township Medical Office, medical staff, and the community.” The third initiative aims “to improve the quality of health services for pregnant and postpartum women and newborns.” PHJ will focus on the initiatives that each area requires, rather than implementing all of these initiatives in each of the villages.

- **Rolling out Proven Effective Activities to Other Areas of the Union Territory**

As for this initiative, PHJ will organize project evaluation meetings with the Nay Pyi Taw Department of the Public Health and Township Medical Offices.

- **Strengthening the Partnership between the Township Medical Office, Medical Staff, and the Community**

For this initiative, PHJ will organize advocacy meetings with villagers as well as regular meetings and project workshops with Lewe Township basic health staff to prepare activity plans, and will provide equipment to enhance IT infrastructure and provide refresher training on the use of health management information systems (HMIS).

- **Increasing Access to Health Services for Pregnant and Postpartum Women**

PHJ will support the conduct of health education meetings to increase the health knowledge of community members, promote the use of health services, monitor health facility inventories, facilitate home visits by MCH Promoters, and provide training for midwives and auxiliary midwives.

Due to the changes in Myanmar since February 1, 2021, and due also to the COVID-19 countermeasures that were in place, PHJ suspended the execution of many of its planned activities. As the situation has improved somewhat since December 2021, PHJ has been implementing project activities in villages where the safety and security of the Myanmar office staff can be assured, in coordination with related organizations such as the MOFA and the Japanese Embassy in Myanmar. PHJ will redesign the project plan in response to changing needs at the project site.

End of FY2022 activity report and FY2023 project plan

FY2022 Financial Report

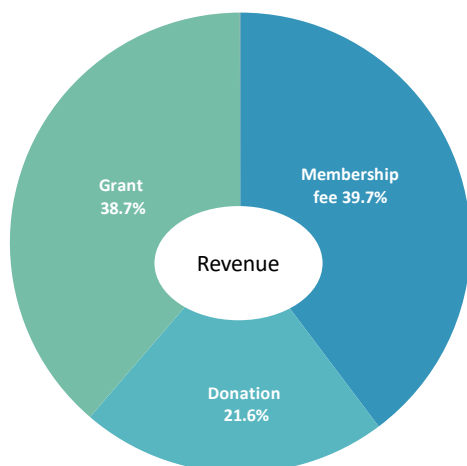
Balance Sheet

PH-Japan (People's Hope Japan)
All offices

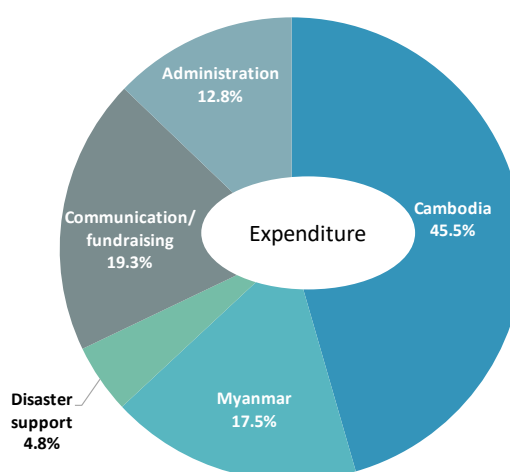
Unit: Japanese Yen
As of June 30, 2022

Assets		Liabilities	
Item	Amount	Item	Amount
【 Current assets 】		【 Current liabilities 】	
(Cash/deposits)		Account payable	320,916
Cash	11,530	Account payable (for experts)	8,168
Ordinary deposit	95,031,121	Accounts receivable	152,000
Cash and deposit outside Japan	13,724,691	Total current liabilities	481,084
Total cash and deposits	108,767,342	Total liabilities	481,084
(Inventory)		Net assets	
Gifts in kind	5,950	【 Net assets 】	
Total inventory	5,950	Net assets from previous period	106,766,154
(Other current assets)		Increase or loss in current fiscal year	1,591,229
Accounts receivable	65,175	Total net assets	108,357,383
Total other current assets	65,175	Total net assets	108,357,383
Total current assets	108,838,467		
Total assets	108,838,467	Total liabilities and net assets	108,838,467

FY2022 Revenue
(Total 68.75 million yen, cash only)



FY2022 Expenditure
(Total 67.16 million yen, cash only)



FY2022 Budget, Result and FY2023 Budget

Item	FY2022	FY2022	FY2023
	Budget	Result	Budget
I. Revenue			
1. Membership fee	27,200,000	27,318,000	25,900,000
Corporate membership	23,000,000	23,080,000	22,000,000
Individual membership	4,200,000	4,238,000	3,900,000
2. Cash donation	11,500,000	14,825,423	8,700,000
Corporate donation	3,500,000	3,794,516	1,700,000
General-purpose donation	6,500,000	9,668,939	7,000,000
East Japan disaster	1,500,000	1,361,968	0
3. Grant	20,430,500	26,581,986	32,230,000
Grant	0	0	0
Subsidy	20,430,500	26,581,986	32,230,000
4. Others (interest, etc.)	0	21,625	0
5. Goods in kind	0	5,950	0
Total revenue	59,130,500	68,752,984	66,830,000
Cash	59,130,500	68,747,034	66,830,000
Goods in kind	0	5,950	0
II .Expenditure			
1. Program	85,550,000	58,546,662	76,590,000
Cambodia	29,400,000	30,584,862	26,805,000
Myanmar	39,600,000	11,774,505	30,435,000
East Japan disaster	3,050,000	3,250,275	0
Communications/fundraising	13,500,000	12,937,020	19,350,000
2. Administration	8,400,000	8,615,093	13,720,000
3. Goods in kind	0	0	5,950
Total expenditure	93,950,000	67,161,755	90,315,950
Cash	93,950,000	67,161,755	90,310,000
Goods in kind	0	0	5,950
III .Net assets variation	-34,819,500	1,591,229	-23,485,950
Cash	-34,819,500	1,585,279	-23,480,000
Goods in kind	0	5,950	-5,950
IV . Net assets forwarded from previous FY	106,766,154	106,766,154	108,357,383
Cash	106,766,154	106,766,154	108,351,433
Goods in kind	0	0	5,950
V .Net assets forwarded to next FY	71,946,654	108,357,383	84,871,433
Cash	71,946,654	108,351,433	84,871,433
Goods in kind	0	5,950	0

* * * * *

Auditor's Report

To: Mr. ODA Shingo
Chairperson of the Board of Directors
People's Hope Japan

I have audited the PH-Japan's FY2022 activities and financial report and consider them appropriate and correct.

August 10, 2022 MAEMURA Koji, Auditor

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PHJ Board of Directors as of September 6, 2022

Title at PHJ	Name	Title at respective organization
Chairperson	KAMIYA Youhei	Former Managing Director of PHJ, Former Director of Yokogawa & Co., Ltd.
Vice Chairperson	TANAKA Shigeru	Chairman, Saitama Prefectural University; Professor Emeritus, Keio University
Director	FUJINO Yasuyuki	Managing Director & General Manager, Program Support Dept. of PHJ
“	IIZUKA Masaki	Former Board Member, Officer of Hewlett-Packard Japan, Ltd.
“	INOKUCHI Yuji	Chairman, All Japan Hospital Association; Chairperson, Medical Foundation Jukoukai
“	ISHIKAWA Masakazu	Director of Minami-Ikuta Ladies Clinic, Lecturer of Kitasato University
“	ITO Kohei	President, Keio University
“	KAIHORI Shuzo	Former Chairman, Board of Directors of Yokogawa Electric Corporation
“	MANABE Sunao	Chairman, The Federation of Pharmaceutical Manufacturers' Association of Japan; President and CEO, Daiichi Sankyo Co. Ltd.
“	MATSUMOTO Ken-ichi	Chairman, JFMDA; Chairman, OMETA; Chairman, Sakura Global Holding Co., Ltd.
“	NAKAJIMA Yasuo	Director of Radiology Consultation Clinic; Professor Emeritus, St. Marianne University
“	ODA Shingo	Former Chairperson of PHJ, Former President of Hewlett-Packard Japan, Ltd.
	YAMAMOTO Chiaki	Citizen of Musashino City
	YASUDA (OKAMOTO) Miyoko	Associate Professor, Faculty and Graduate School of Health Care and Nursing/Department of Global Health Research, Graduate School of Medicine, Juntendo University
“	YOSHINO Yae	Associate Professor, Faculty of Human Sciences, Department of Nursing, Sophia University
Auditor	MAEMURA Koji	Audit and Supervisory Member of Yokogawa Electric Corporation

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PHJ FY2022 Activity/Financial Report · FY 2023 Project Plan

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